

DOG OWNER'S CHECKLIST

Use this checklist to help you properly understand and manage arthritis in your dog



Get veterinary confirmation of arthritis

Ensure other health parameters are normal through blood and urine tests

Confirm the dosing instructions of the medications prescribed

Discuss body condition score of your dog and change diet accordingly

Confirm a reassessment date with your vet

Fill in chronic pain indicator chart

Video different activities in and out of the home for reference

Trim fur between pads of all 4 feet and cut nails to minimise slipping

Carry out a home inspection looking for slip and trip hazards and modify to minimise accidents (e.g. steps, stairs, doorframes)

Carry out a garden and drive inspection

Identify and avoid walks with difficult terrain

Be vigilant of how your dog is coping with exercise

Consider a harness rather than a collar

Ensure your dog can get in and out of the car without exertion and accidents

Raise feeding bowls

Check bedding is deep enough, not in a draft, and not a trip hazard

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Start a supplement rich in omega 3 DPA and green lipped mussel

Consider other supplements

Consider a complementary therapy

Consider a therapeutic exercise plan to maintain your dog's muscular strength

Consider interactive feeding toys such as a Kong

Keep a diary of your dog's progress

Use resources available to you -your vet, our website, our education courses, CAM social media, you local therapists and much more...



Check out [CAM's online shop](#) where you will find a wide range of products, merchandise and literature to educate and support your manage you and your arthritic dog.